



**FMM INSTITUTE**

(C10626805080/ 199901000527/ 475427-W)

Centre for Professional Development



# OKR WORK METHODS



## Rationale

In today's competitive and rapidly changing business environment, the ability to set clear, ambitious goals and achieve measurable results is crucial for success. OKRs have been proven to help organizations focus on what truly matters, align their efforts across teams, and drive significant value creation.

This 2-day workshop equips learners with the knowledge and practical skills to implement OKRs, shifting from task-oriented to value-driven thinking to drive organizational success and strategic alignment.

## TARGET LEARNERS

Executives, managerial personnel and above.

## ADMINISTRATIVE DETAILS

Date : **March 2-3, 2026**  
(Monday-Tuesday)

Time : **2 Days (9:00 am - 5:00 pm)**

Venue : **FMM Institute, Johor Branch**  
No. 1 & 3, Jalan Kencana Mas 1/1,  
Tebrau Business Park III,  
81100 Johor Bahru, Johor

Fees : **RM 1,215.00 (FMM Member)**  
**RM 1,350.00 (Non member)**  
The fee inclusive Service Tax at 8%  
(SST No: W10-1901-32000105)

Closing Date : **February 16, 2026 (Monday)**

Training Provider : **FMM Institute Johor**  
**MYCOID: 475427W\_JOHOR**

All cancellations must be made in writing. There will be no charge for cancellation received 7 or more working days before the start of the programme. Cancellation received 5 working days before the start of the programme is subjected to a cancellation fee of 50% of the course fees. Cancellation received 3 working days and below before the start of the programme is subjected to cancellation fee of 100% of the course fees. If the participant fails to attend the programme, the full course fees are payable. However, replacement can be accepted at no additional cost.



## COURSE CONTENTS

### DAY 1

#### **Introduction to OKR and Setting Objectives**

##### **Module 1 : Understanding the Value- Driven Mindset of OKR**

- What is OKR?
- Shifting from task-oriented to value-driven thinking
- How OKRs drive organizational value creation
- Case analysis : Successful OKR implementation in leading companies

##### **Module 2 : Key Components of OKR**

- Definition of Objectives and Key Results
- Characteristics of effective OKRs
- Practical exercise : Group activity to set organizational objectives (O)

##### **Module 3: Crafting Effective Objectives**

- How to write clear and inspiring objectives
- Practical exercise : Group activity to draft and revise objectives
- Discussion and feedback

##### **Module 4 : Setting Key Results**

- How to define measurable key results (KR)
- Practical exercise : Group activity to identify key results for the set objectives
- Discussion and feedback

##### **Module 5 : OKR Implementation Strategies**

- Best practices for implementing OKRs
- Open floor for questions

##### **Q&A and Wrap-Up**

- Summary of Day 1
- A brief of Day 2 agenda



### **FACILITATOR**

**Kenneth Ng** has been involved in developing and customising programs like Supervisory Development Programs, Management Development Programs and Train the Trainer (TTT) programs for industrial-vocational trainers/facilitators, using a competency- based approach to evaluate the transfer of learning. Kenneth is an advocate and practitioner of Emotional Excellence; having been certified by Professor Dr. Leonard Yong to conduct Leonard Personality Inventory profiling in the workplace. Kenneth is conversant in both the English and Mandarin languages. He is one of the few trainers who can conduct training for the Mandarin Speaking Community and Corporations.





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## **COURSE CONTENTS**

### **DAY 2**

#### **Implementing and Reviewing OKRs**

##### **Recap of Day 1**

- Review of key learnings from Day 1
- Address any overnight questions

##### **Module 6 : OKR Implementation Strategies**

- How to foster an OKR culture within the organization?
- Case analysis
- Transitioning from task mindset to value mindset

##### **Module 7 : Tools and methods for tracking OKR progress**

- How to conduct regular check-ins and evaluations
- Practical exercise : Simulated OKR check-in meeting

##### **Module 8 : Practical Case Studies**

- Analysis of successful and unsuccessful OKR implementations
- Group discussion : Lessons learned from case studies
- Sharing experiences and insights

##### **Module 9 : Developing a Personalized OKR Plan**

##### **Creating an OKR implementation plan for your organization**

- Practical exercise : Group activity to develop and present OKR plans
- Peer review and feedback

##### **Module 10 : Continuous Improvement and Next Steps**

- Strategies for continuous improvement in OKR practices
- Resources for further learning and development
- Final Q&A and feedback session

##### **Workshop Closure**

- Summary of key takeaways
- Closing remarks



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**MARCH 2 - 3 ,2026 | VENUE: FMM INSTITUTE, JOHOR BRANCH**

FMM Institute (475427-W)

**Puan Sabrina / Pn. Astri / Pn. Ain**

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Tel: 07-357 7613 / 14 / 15 / 16 Fax: 07-357 7618

Dear Sir/Madam,

Please register the following participant (s) for the above programme:

**(To be completed in BLOCK LETTERS)**

1.Name:	IC No:	Nationality:
Designation:	Email:	Mobile No.:
2.Name:	IC No:	Nationality:
Designation:	Email:	Mobile No.:

*(if space is insufficient, please attach a separate list)*

## Disclaimer

Registration is on a first-come first-served basis. All cancellations must be made in writing. There will be no charge for cancellation received 7 or more working days before the start of the webinar. **Cancellation received 5 working days** before the start of the webinar is **subject to a cancellation fee of 50%** of the webinar fees. **Cancellation received 3 working days and below** before the start of the webinar is **subject to a cancellation fee of 100%** of the webinar fees. **If the participant fails to attend the programme, the full webinar fees are payable.** However, replacement can be accepted at no additional cost. The FMM Institute reserves the right to change the speaker, reschedule or cancel the webinar and all efforts will be taken to inform participants of the changes.

**We hereby confirmed that (please tick accordingly):**

☐ We will be claiming under **HRD CORP CLAIMABLE COURSES** and full payment would made to FMM Institute in the event that no disbursement from HRD Corp under any circumstances.

☐ I (self-sponsor) / We will **NOT BE CLAIMING** under **HRD CORP CLAIMABLE**. Payment will be made to the account payee **FMM Institute** by cheque or bank transfer to **Maybank Account No. 501280056601**.

**Tin No. : C10626805080**

**BRO No. : 475427-W**

**SST No. : W10-1901-32000105**

**Submitted by:**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Designation: \_\_\_\_\_ Tel No: \_\_\_\_\_ Moblie No: \_\_\_\_\_

Company: \_\_\_\_\_ Address: \_\_\_\_\_

Tin No. : \_\_\_\_\_ Business Registration No. (New/Old) \_\_\_\_\_ SST No (If Applicable): \_\_\_\_\_

Company Stamp & Signature: \_\_\_\_\_ Date: \_\_\_\_\_